



People management & self management in challenging business situations

Higher engagement and better results

My Approach :

See things as they are, focus, deal with emotions, take action and seize opportunities, repeat

Coaching, Consulting, Projectdesign – International, Intercultural

For Shapers, Thinkers, Leaders

Analytical, enthusiastic, persistent

Business Coach, Mental Coach in Sports and Business, Mediator, Intercultural Competencies

10 years owner consulting business – Coaching and conflict resolution, career design, leadership assessment, facilitation and workshop moderation

4 years managing director and shareholder international group of construction companies (Germany, Austria, Romania, Portugal) – Strategy and business planning, internationalisation, restructuring, service expansion

7 years IBM UK and Germany – HR Business Partner, EMEA incentive planning leader

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